

**BLEVIT TO SHAKE 0% ADDED SUGAR**

Average Composition	100 g
Energy	1597 kJ
	377 kcal
Proteins	7,6 g
Carbohydrates	80,6 g
of which sugars*	10 g
Fat	1,5 g
of which saturated	0,3 g
Trans fatty acid	0 g
Fiber	5,3 g

Minerals	100 g
Calcium	400 mg
Iron	8 mg
Sodium	40 mg

Vitamins	100 g
Vitamin A	450 µg
Vitamin D	7,5 µg
Vitamin E	4,4 mg
Vitamin K	40 µg
Vitamin B ₁	500 µg
Vitamin B ₂	600 µg
Vitamin B ₆	800 µg
Vitamin B ₁₂	1 µg
Vitamin C	50 mg
Folic Acid	40 µg
Pantothenic Acid	2,8 mg
Niacine	6 mg
Biotin	15 g

*Contains naturally occurring sugars.